Meridian Angel Primary School
Part of a Church of England Trust

MAPS PE Yearly Overview 24-25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Throw Catch Kick Running, jumping and galloping (gross motor)	Creative Dance Action, rhymes and rhythms- Hand eye coordination Throw Catch Kick Rolling balls and other objects	Over, Under and Through Travelling on difference parts of the body Throw Catch Kick Aiming skills using a variety of balls and other objects	Creative Dance Dance a story Throw Catch Kick Throwing and catching skills	Over, Under and Through Balancing on different parts of the body Throw Catch Kick Kicking and dribbling activities	Creative Dance Dance to known songs Throw Catch Kick Striking skills
Y1	Outdoors: Games-Bouncing and Catching Indoors: Gymnastics- Travelling	Outdoors: Games-Travelling with a ball Indoors: Dance- Simple movement patterns	Outdoors: Games-Sending and receiving Indoors: Dance-Exploring gesture and formation	Indoors: Dance-Exploring patterns and pathways Indoors: Gymnastics-Taking weigh on different parts	Outdoors: Games-Developing hand-eye coordination Indoors: Gymnastics Transferring weight from one body part to another	Outdoors: Games Healthy ABCs Indoors: Dance Telling a story through dance
Y2	Outdoors: Games Throwing and Catching Indoor: Gymnastics- Balance	Outdoors: Games Dribbling Indoor: Dance-Communicating moods, feelings and ideas	Indoors: Gymnastic Parts high and low Indoor: Dance Using dynamics to develop the dance	Outdoors: Games-Developing sending and receiving skills Indoors: Gymnastics-Jumping and landing	Outdoors: Games-Hitting and Striking Indoors: Dance-Performing different styles of cultural dance	Outdoors: Games-Running, jumping and hopping Indoors: Gymnastics-Spinning and turning
Y3	Outdoors: Games- Cricket Indoor: Dance- Linking dance actions	Outdoors: Invasion Games- Passing Indoor: Gymnastics-Travelling with a change of direction	Outdoor: Invasion Games- Creating space Indoors: Gymnastic Stretching and curling	Outdoors: Net/Wall Games Directing the ball Indoors: Dance-Exploring cultural dance	Outdoors: Athletics Running, throwing, jumping Outdoors: Athletics Running, throwing, jumping	Outdoors: Striking/fielding Games Developing striking & fielding skills Outdoors: Athletics Running, throwing and jumping

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Y4	Outdoors: Striking/fielding Games- Fielding as a team Indoors: Dance- Re-telling a story	Outdoors: Invasion Games Controlling and receiving Indoors: Gymnastics- Balance	Outdoors: Invasion Games Keeping possession of the ball Indoors: Dance- Characterisation	Outdoors: Net/Wall Games Applying tactics Indoors: Gymnastics Receiving -Body Weight	Outdoors: Invasion Games Marking and tackling Outdoors: Outdoor and Adventurous Activities Following plans and solving problems	Outdoors: Athletics- Developing running, throwing and jumping techniques Outdoors: Athletics- Developing running, throwing and jumping techniques
Y5*	Outdoors: Striking/fielding Games- Role of batter, bowler, wicketkeeper/backstop & close/deep fielder Indoors: Dance- Formations in historical dance	Outdoors: Invasion Games- Support play and positioning Indoors: Gymnastics- Flight	Outdoors: Net/Wall Games Developing individual shots Indoors: Gymnastics- Bridges (Back care)	Outdoors: Invasion Games- Shooting and keeping Indoors: Dance- Communicating issues through dance	Outdoors: Athletics - Set targets & improve performance in running, jumping and throwing activities Outdoors: Outdoor and Adventurous Activities Responding to challenges	Outdoors: Striking/fielding Games Developing range of roles and positional play Outdoors: Athletics Using timekeeping & measuring to set targets
Y6	Outdoors: Striking/fielding Games- Tactical play and officiating Indoors: Gymnastics Counter balance/ counter tension	Outdoors: Invasion Games- Attacking and defending play Indoors: Dance -Visual media	Outdoors: Invasion Games- Tactics Indoors: Gymnastics- Matching and mirroring	Outdoors: Invasion Games- Teamwork and formations Indoors: Dance- Putting on a dance performance	Outdoors: Net/Wall Games Developing game play Outdoors: Outdoor and Adventurous Activities Effective group working	Outdoors: Athletics - Developing technical understanding Outdoors: Athletics- Developing technical understanding (Planning to be active)

*Y5 will swim for a term. Dates TBC